

TOUR DATES

BIRMINGHAM REP Sat 18 Mar – Sat 8 Apr birmingham-rep.co.uk

CAMBRIDGE ARTS THEATRE
Wed 19 – Sat 22 Apr

cambridgeartstheatre.com

MALVERN THEATRES
Tue 25 – Sat 29 Apr
malvern-theatres.co.uk

THEATRE ROYAL BATH
Tue 2 – Sat 6 May
theatreroyal.org.uk

LEEDS PLAYHOUSE
Thu 11 – Sat 27 May
leedsplayhouse.org.uk



CONTENTS PAGE

INTRODUCTION	4
SYNOPSIS	5
TRAILER	5
THEMES (Contains plot spoilers)	6
ARTICLE ON THE GREAT DEPRESSION	8
INTERVIEW WITH IQBAL KHAN, DIRECTOR OF MICE AND MEN	10
INTERVIEWS WITH CREATIVES AND CAST	12
CAST AND CREATIVE TEAM	14
REHEARSAL PHOTOGRAPHY	15
SET DESIGN	17
WORKSHOP PLANS	18
TERMINOLOGY AROUND DISABILITY	27
THE SOCIAL MODEL VS. THE MEDICAL MODEL OF DISABILITY	28
BSL ON STAGE	30
DISABILITY ON STAGE TIMELINE	32
PLAY EXTRACTS	33
PSHE LEARNING OUTCOMES	44





INTRODUCTION

Welcome to the resource pack for The Rep's production of *Of Mice and Men*. A story of enduring friendship, this new production from Rep Associate Director and Commonwealth Games Opening Ceremony Director, *Iqbal Khan*, focuses a 2023 lens on *John Steinbeck*'s affecting tale of the crumbling American dream.

Whether you are a teacher searching for a **dynamic teaching resource** as part of your curriculum, someone considering a **career in theatre**, or a **theatre enthusiast** interested in doing further research to accompany watching the play, **this pack is for you**.

The resource will guide you through the **production process**, the **cast and creatives** involved, and the **themes and issues** explored throughout the play.

This resource contains:

- Information to aid the exploration of key themes in the play:
 - E.g. economic migration, racism, the American Dream, friendship.
- Lesson plans
- Useful links to resources and support that can be shared with students.
- Accessible Arts specific resources to delve into this historic production which sees the first Learning Disabled actor playing Lennie on The Rep's stage.

At the end of the pack you can find details as to which PSHE curriculum outcomes the lesson plans link to as set by the PSHE Association.

CONTENT ADVICE: Please note, this resource pack covers sensitive content including racism, ableism, sexism, violence, assault, murder, death, plus some strong and offensive language.

If you would like to read more about any of these specific topics, please visit our content advice webpage here.



SYNOPSIS

"I got you, and we got each other"

George and Lennie are migrants with a dream; a dream of a better life, a place where they can belong, where Lennie feels safe and George can be somebody. But this is the Great Depression, not many dreams come true in a time where a few have plenty but most have nothing. When the friends take a job on Curley's family farm, tragedy unfolds leading to a heart-breaking decision.

John Steinbeck's classic novel is more than 80 years old, but with themes of economic migration, racism and prejudice, it remains a parable for our times.

TRAILER

https://www.youtube.com/watch?v=o_qVsCqjBWQ





THEMES (Contains plot spoilers)

ECONOMIC MIGRATION

In 1929, The Wall Street Crash heralded the beginning of The Great Depression in the US and around the world. Whole cities and communities were hit by a huge fall in stock prices. Particularly hard-hit were farming communities in rural areas who saw crop prices fall by as much as 60%. To make matters worse, in 1931 severe droughts hit the Midwestern Plains. As crops died and winds picked up, whole harvests were literally blown away into dust in what became known as "the Dustbowl".

Left with no alternative, thousands of "Dustbowl migrants" – mostly from Oklahoma, Texas, Colorado, Kansas, and New Mexico – packed up their meagre possessions and migrated west, hoping to find work and a better life. Around 20,000 of the migrants headed for California which quickly became overwhelmed by the thousands of destitute people crossing its borders daily.

In the play, Lennie and George are two such migrants who find themselves on Curley's farm looking for work. Economic powerlessness is a major theme as many of the farmhands we encounter have all been greatly affected by The Great Depression. While characters like George, Candy and Crooks still hold steadfast to the idealised "American Dream" of making enough money to buy a homestead of their own, due to the Depression, they are unable to generate enough money and are doomed to repeat the vicious cycle of migration, seasonal work and poverty again and again.

RACISM

The play is set in 1930s America at a time when racism was rife. White people and black people were segregated and black people were considered second class citizens. Black people were paid less than their white counterparts and they had to work harder than everyone else, often given the 'dirty work'. The lynching (hanging) of black people was also common at this time and The Klu Klux Klan were still very powerful.

Almost immediately after arriving at Curley's farm, George and Lennie meet Candy, who shows them the racial divide when talking about the black stable buck, Crooks. This powerfully reflects the racial discrimination of 1930s America. Crooks is not allowed to play cards with the other farmhands or even enter their bunk because of the colour of his skin. At one point, Curley's wife even threatens to have Crooks lynched because he was not being polite to her when he orders her to leave his room and Crooks has no choice but to simply answer "yes ma'am" as he fears for his life.

THE AMERICAN DREAM

The American Dream is the ideal that every citizen of the United States should have an equal opportunity to achieve success and prosperity through hard work, determination, and initiative. It is this aspiration that drives many of the characters we meet in the play: George aspires to become independent and, most importantly, to "be somebody", Candy aspires for security in his old age, and Curley's wife aspires to become an actress and to end her loneliness in her marriage to Curley. As the events of the play unfold, however, we see how the failure of The American Dream has led to a situation with so many desperate men



scrabbling for work and the tragedy that occurs when those who are less able, namely Lennie, are unable to be looked after properly by the community around them.

FRIENDSHIP

"A guy goes nuts if he ain't got anybody."

Many of the characters we meet in the play are lonely and crave friendship: Candy's dog has died, Curley's wife is lonely in her marriage to her abusive husband, and Crooks is left isolated from the other farm hands because of the colour of his skin. George and Lennie's friendship is therefore rare. The two have a sense of connection with each other despite their marked difference in stature and intellect and, while the other characters may feel alone, they have each other to rely on. Even in their final, tragic moments together, George wants to protect Lennie from the baying lynch mob. Out of kindness and loyalty to his friend, who would surely have suffered a painful and horrific death otherwise, George chooses to shoot Lennie in the back of the head as he describes for him the homestead the two of them had imagined owning together.





ARTICLE ON THE GREAT DEPRESSION

BY MICHAEL DAVIES

Just A Little Bit Of History Repeating

"It feels like every day is doomsday."

Food bank user quoted in The Guardian

It's a well-known theory that history repeats itself. As writer and poet Steve Turner argues, it has to. Because nobody listens the first time around. So what might history be telling us about the current cost-of-living crisis? And where could we look to draw lessons and – just maybe – a crumb of comfort about what might happen next?

The obvious answer would seem to be the United States in the wake of the great banking crash of 1929, which was followed by more than a decade of hardship, trauma and re-evaluation of itself as a nation. It was a period that became known as The Great Depression and formed the backdrop to John Steinbeck's groundbreaking 1937 novel *Of Mice and Men* - the parallels with our modern world are striking.

America's financial fortunes had been struggling for several years before the stock market finally hit the buffers on Black Tuesday, October 29th 1929. A recession kicked in with a vengeance as businesses closed, unemployment rocketed and banks went bust, and America began recalling its extensive loans to Europe, prompting a worldwide financial crisis. Over the next two or three years, industrial production fell by 45 percent, house building plummeted 80 percent, and as many as 5,000 small banks went belly-up as customers withdrew their savings or defaulted on loans and mortgages.

In 1932, Democrat president Franklin D Roosevelt swept to a landslide victory promising a New Deal, with huge infrastructure projects, much-needed job opportunities and a new approach to social welfare. Famously announcing that "the only thing we have to fear is fear itself", he launched a series of radio broadcasts, which became known as FDR's "fireside chats" and helped restore confidence.

But a perfect storm of trouble was just around the corner. A series of droughts spread an infamous dust bowl through the all-important farming regions of the Midwest – giving Steinbeck a powerful metaphor for his characters George and Lennie as they cross a desolate America in search of hope. In real life, migrants headed to California in droves, hoping for better prospects there, but were turned back by protectionist locals. Many of these homeless refugees ended up in one of the vast makeshift camps built from cardboard and scrap metal that emerged in the Californian valleys.

Recovery took years. The economy picked up between 1933 and 1936, but another recession hit the following year – prompting Steinbeck to take up his pen – and it would require the outbreak of war to finally spark an expansion of manufacturing.

Some of the parallels are clearer than others. Since the banking crisis of 2007-2008, the UK has faced a succession of setbacks that have, between them, conspired to create the worst social circumstances for decades. According to Forbes magazine, inflation at a near 40-year high has led to an increase in living costs for more than nine out of ten adults so far in 2023.



Energy prices continue to soar – at the same time as energy companies announce record-smashing profits – and the divide between rich and poor grows ever wider.

In the decade and a half since the crisis, Britain has had to deal with the political policy of austerity, the self-inflicted division of Brexit, the global natural catastrophe of Covid, the Russian invasion of Ukraine and a series of scandals and unrest at the highest levels of government that have seen four incumbents of Downing Street in as many years. Small wonder, then, that the post-pandemic picture looks as grim now for huge sections of the population as it has done in living memory.

The Institute for Government reports that the fall in 'real' disposable incomes – that is, adjusted for inflation and after tax and benefits – has hit households on low incomes disproportionately, in spite of government assistance in the form of additional payments. "These are not sufficient to match the increase in energy and other costs," says the independent thinktank, adding: "On average they are still worse affected by the crisis."

For America in the 1930s – although no help to George and Lennie – Roosevelt's radical New Deal started the country down a long but ultimately successful road to recovery and prosperity. Government intervention happened on a scale the country had never seen, from building dams and hydro-electric power stations to establishing social security for the first time. While he introduced financial reforms, his wife Eleanor championed minority rights and the country underwent a transformation in the way it saw itself and its leaders.

In Britain today, many will say that it still feels like we're in the heart of the tornado. The aftershocks of Brexit, Covid and Putin's invasion will be with us for many years to come, and there's little sign of significant economic recovery in the near future. Meanwhile, social inequality continues to grow by almost every measure, driving an increasing dissatisfaction with the way things are run across large swathes of the population.

Perhaps Steinbeck's masterpiece provides a timely warning that we need a Roosevelt and not a war to instigate a change in the nation's fortunes.

Michael Davies

© John Good



INTERVIEW WITH IQBAL KHAN, DIRECTOR OF MICE AND MEN

BY KERRY ENDSOR

Rep Associate Director, **Iqbal Khan**, talks about **Of Mice and Men** and explains why this story, which is more than 80 years old, remains a parable for our times.

When Iqbal Khan was growing up in Birmingham, the divisions and barriers to cultural experiences he encountered as a young man led him to leave the city in order to follow his dreams.

Fast forward a few decades and Iqbal, an award-winning director, has worked extensively with the RSC, directed productions in Paris and Japan and held residencies in America. Throughout his work, he has remained committed to telling epic stories in a poetic way, with a particular passion for bringing rich and inclusive experiences to the city he once called home.

As an Associate Director of Birmingham Rep, an Associate Artist of Box Clever Theatre Company, and the Artistic Director of the 2022 Commonwealth Games Opening Ceremony, he has unequivocally delivered on this promise.

Iqbal's most recent Birmingham Rep productions, *East is East* and *Tartuffe*, received wide-spread critical acclaim, and he is now turning his attention to bringing Steinbeck's classic tale of the crumbling American dream to life.

When asked why he wanted to tell this particular story, Iqbal explained it was the characters who attracted him to *Of Mice and Men*.

"Of Mice and Men is, at its heart, a parable of the outcast, the underdog, the marginalised and the broken. It tells a story of the Great American Depression of the 1930s, when the world was cast in darkness and uncertainty, when people were lost and the American dream of community seemed shattered; Steinbeck was unafraid to show the cruelty and desperation in the lived experience.

I was particularly fascinated by the fact that the story wasn't told through the lens of those who make or shape the world, but by those who suffer the consequences of those actions".

Steinbeck's novella has, over the years, attracted controversy for the way these characters are depicted, and the brutality of the language and actions directed at them, but Iqbal interprets this differently.

"Steinbeck had a massive, unsentimental compassion for all the characters he introduced us to. These include Curley's Wife, the only woman on a ranch of men who objectify and avoid her; Crooks, the sole Black man maimed by misuse and abuse; and Candy, an older ranch hand disabled by his work whose only companion is a dying dog. All are fractured and ache under the weight of lives dominated by back-breaking work from sunrise to sundown.



Yet into this world come our two lifelong companions, George and Lennie. Theirs is an unlikely brotherhood in which George parents and protects Lennie from those who see him as 'slow', 'dim-witted', maybe even 'crazy', when all he wants to do is pet soft things and dream of tending rabbits.

There's a real tenderness that vibrates throughout this tale. A fragile hope of new community that others ache to share. As those who have read the book will know, the story ends tragically but with an act of love that is so terribly moving."

What sets this production apart from previous versions of the Steinbeck classic, is very clear to Iqbal.

"We've assembled an extraordinary, inclusive company of actors that embrace the lived experience of these characters. They understand profoundly how their visible otherness has excluded them from opportunity and that brings a depth and vulnerability to the production that is difficult to put into words. It is a privilege to discover the great truths of this timeless and enduring piece with them."

Whilst Iqbal acknowledges there are challenges involved with bringing a story set in a different time to life, he is struck by the familiar themes that permeate throughout the production. Economic migration, racism and prejudice, but also friendship and the dream of a better life, which are still as relevant today as they were in the 1930s.

Dreams are an integral theme weaved throughout the production - hopeful dreams, shared dreams, shattered dreams – they all make an appearance.

The irony of telling a story about following dreams isn't lost on Iqbal. He has returned to his home city - a city he left many years ago in pursuit of a dream – to tell a beautiful story in an inclusive way, inspiring future generations to follow their own dreams, wherever they may lead.

"At a time when we feel the grip of uncertainty, a fear of engaging with the unknown, and when so many are dispossessed and isolated, this beautiful story continues to speak to our dream of solidarity with others, to own our paths and enjoy the fruits of our labour".

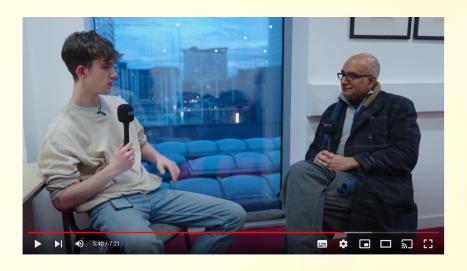




INTERVIEWS WITH CREATIVES AND CAST

IQBAL KHAN'S CREATIVE VISION

https://youtu.be/orPI58YA9o0



SIMON DARWEN (SLIM) AND LEE RAVITZ (CANDY) DISCUSS OF MICE AND MEN

https://youtu.be/K-4088qTOf4





TOM MCCALL (GEORGE) AND WILIAM YOUNG (LENNIE) DISCUSS THE ACTING PROCESS

https://youtu.be/NILxIfIMcGk



REECE PANTRY (CROOKS) AND MADDY HILL (CURLEY'S WIFE) DISCUSS OF MICE AND MEN

https://youtu.be/9gW7KHpSOZ8





CAST AND CREATIVE TEAM

Cast



George Tom McCall



Lennie Wiliam Young



The Boss James Clyde



Slim Simon Darwen



Curley's Wife Maddy Hill



Carlson Edward Judge



Carlson Edward Judge



Reece Pantry



Whit Stuart Quigley



Candy Lee Ravitz



Curley Riad Richie



Puppeteer and Understudy Jake Benson

Creative Team

Director Iqbal Khan

Puppet Director,

Designer & Maker

Michael Crouch

Set & Lighting Designer

Ciarán Bagnall

Casting Director

Annelie Powell

Costume Designer Kay Wilton

Associate Director

Caroline Wilkes

Composer & Sound Designer

Elizabeth Purnell

Production Manager Jennifer Taillefer Movement & Fight Director

Yarit Dor

Voice & Dialect **Ellen Hartley**





REHEARSAL PHOTOGRAPHY

These photos were taken during rehearsals for the production by **Mark Senior**.

















SET DESIGN

The *Of Mice and Men* Birmingham Rep production of 2023 had its set designed by **Ciarán Bagnall.**

Ciaran is a professional Lighting and Set Designer with over twenty five years experience in theatre design. He is based in Belfast, and as well as being a freelance Lighting and Set Designer, he is the Creative Director of Prime Cut Productions.

http://www.ciaranbagnalldesign.com/











WORKSHOP PLANS

Below are three different workshop plans designed for KS3 and KS4 students that explore the themes within the play. The workshop plans are a fantastic resource for teachers to use within classroom settings and can be adapted to meet the needs of your young people.

Workshop 1: Discrimination

THEME: Discrimination

Time: 1hr

Learning Objective:	To explore themes of discrimination within the text of Of Mice and Men		
All Must:	Engage in a competition, with simple tasks - that emulates a segregated society.		
Most Should:	Reflect on the game and draw empathy for characters in Of Mice and Men.		
Some Could:	Make observations between the g	ame, segregation in the play, and modern-c	day society.
Time (mins)	Section	Details	Adaptations for KS4
Set-Up	If possible, the Green side of the r Prepare Green and Red papers, in students will pick Red.	/rope. Ito the 'Green' team, and ¼ to the 'Red' tea coom should be nicer (windows, radiators, a n a hat. The ratio should be 1:3 (Green:Red ency' - marbles, tokens, counters etc.	ircon etc.)
0-10	Introductions	As students enter, they pick a colour from the hat. They must then go to their allocated zone. Give the following rules: GREENS: -May use whatever items they have to help with tasks - May employ a Red person to help with tasks -If employing a Red person, they must get paid, but Greens can decide how much REDS: - Must not enter the Green Zone, unless they are employed - May not use their own items to help	



		with tasks - Must accept offers of employment	
		Marbles are awarded for winning a task, although the Greens earn 3 marbles, where Reds earn 1.	
		The aim is to have the most marbles.	
		Teachers should show preference for the Green Team, enough to make it feel 'unfair', but avoid being mean.	
10-20mins	Task One: Still Images	Create the following images:	
		Small familyCommunityOutsiderGang	
		Greens may employ Reds to assist with any task.	
		Award marbles for each image	
20-30mins	Task Two: Short scene	Create a short scene (30 seconds maximum) called 'Being Apart'	
		Offer direction to Green team - use any items they have for costume/props	
		Award marbles to the best scene	
30-40mins	Task Three: Word List	Give Red team a few post-it notes and one pencil	
		Give Green team multiple pads/pens - or they can use phones/ipads etc	-1
		TASK: This is a race. The first team to write down 20 words associated with 'segregation' wins.	
40-45mins	Announce the winners	This should be the Greens.	
		Congratulate them on their hard work, better work ethic, superior skills etc.	
		To end the game, take down the barrier and reset the classroom.	



		Encourage the class to mix again when sitting down.	
45-50mins	Written Reactions	Ask each pupil to write down reflections on how they found the game.	
		Did it feel unfair?What other emotions did you feel?How would you have felt on the other side?	
		Reds: Was everything hopeless, or were you determined to win still?	
		Greens: Did you feel guilty? Or was it just luck of the draw?	
50-60mins	Discussion	You should now be prepared to have an interesting class discussion on discrimination and privilege - using the game as a reference.	
		Sensitive comparisons should be drawn to segregation in <i>Of Mice and Men</i>	Sensitive comparisons could also be drawn to modern-day society.
			Why might it be important to stage a play like this today?



Workshop 2: The American Dream

THEME: The American Dream

Time: 1hr

Learning Objective:	To explore the theme of the American Dream in Of Mice and Men	
All Must:	Consider the ambitions of characters from the play, and how the idea of the 'American Dream' would affect these ambitions	
Most Should:	Develop empathy for a character was an intrinsic societal idea at the	and an understanding of how 'The American Dream' e time
Some Could:	Draw comparisons with modern-d characters' ambitions and obstacl	ay society, and develop complex understandings of the es
Time (mins)	Section	Details
0-10mins	Person on the Wall	Lennie George Candy Crooks Curley's Wife For each character, have a large sheet of paper, with the outline of a person in the middle. As a class, discuss each character's dreams/ambitions. Write their dreams inside the outline, and their reality on the outside.
10-20mins	Re-enacting Character's Dreams	Individually, pupils will pick a character. They should focus only on their own work for this section. Give them the following prompts to reenact: - You (your character) are asleep You are dreaming about a better life You can stand up and start to walk about in this dream Where are you? - What are you doing? - How do you feel? Let this play out for a few minutes. Some music might help them to focus. Then - - Come back to sleeping You now wake up and start your morning routine.



		- Where are you in reality? - What do you do? - How do you feel?
20-25mins	Discussion	Covering each character, ask pupils to share how they felt in the dream vs their reality.
25-30mins	Discussion: The American Dream	What is 'The American Dream'?
		If a similar 'dream' existed today - where would we hear about it? E.g. TikTok, YouTube ads etc.
30-45mins	Devising Commercials	In groups of 3-4, pupils will devise a short 'commercial' for 'The American Dream'.
		Prompts: 'Everyone has an equal opportunity to succeed, through hard-work and determination'
		They could include Testimonials, a Narrator, reenactments of immigrant families achieving the dream etc.
		Scenes could be funny, sincere, sarcastic.
45-50mins	Sharing	Ask groups to perform their commercials for the class.
		If they don't want to - they can briefly outline what their commercial included.
50-60mins	Discussion	Focus now on how the characters in the play might feel, had they been exposed to commercials like this.
		Does it make achieving their dreams any easier?
		How would they feel having not achieved their dreams?
		Compare how the character starts the play, compared to how they end.



Workshop 3: Friendship

THEME: Friendship

Time: 1hr

Learning Objective:	To explore the theme of friendship in Of Mice and Men		
All Must:		Understand that all relationships have varying status which changes depending on environment and emotion	
Most Should:	_	Identify moment in the text the exchange of status between George and Lennie, and how it affects their decisions	
Some Could:		Develop empathy for the character of Lennie and identify motives for his actions at the end of the play	
Resources	Pack of cards (picture cards taken out)		
	Play extracts 1 and 2		
	Whiteboard/ large pap	er and pens	
Time (mins)	Section	Details	
15mins	The status game	Explore the idea of status and that we have different status in different situations. 1) Each student is given a card and told not to show anyone else. The number on the card will represent their status with Ace (1) being the lowliest creature and 10 practically being God-like. Demonstrate or discuss differentiation in how you act and interact with different people.	



		Students should walk around the room interacting with other students in accordance with your status number.
		2) How can we use status and emotions in a scene? Give them a couple of settings to create using characters from the play: Boss and George, George and Lennie, Curley's wife and Candy, Crooks and Lennie etc. First get them to create a freeze frame and then get them to explore bringing the scene to life for thirty seconds. Watch some pairs perform one of their thirty second scenes.
5 minutes	Guess the emotion	The group split into pairs. Show as an emotion eg. Love, disgust, indifference, and they act towards their partner in that emotion. Bs can then guess. Repeat with Bs being shown the emotion and As having to guess.
		Discuss how students felt when the emotions were contrasting, for example. The first time your partner was loving towards you, then next time they were disgusted.
15 minutes	Script work	As a class read through extracts 1 and 2.
		The pairs can choose to work with extract 1 or extract 2 (try and ensure an equal distribution)



		Pairs should break the scene down into sections where their status and or driving emotion changes.
5 minutes	Peer review	Watch back some scenes and offer feedback using WWW (what went well) and EBI (even better if) technique.
		Discuss any noticeable changes in status between the two extracts.
15 minutes	Angel vs Demon	(Change the pairs if you would like to or keep the same.)
		Discuss with the group how unusual George and Lennie's friendship is and the difficult situation George finds himself in at the end of the play.
		Discuss conscience with the students and as a class write some examples of reasons to save Lennie or take his life on the board. Eg. take his life: killing him this way saves him the torture he will suffer if the others get him, save him: you've escaped together before, why not this time.



		Allow the pairs some time to create a for and against argument, one person acting like an angel, the other a demon.
5 minutes	Review and reflect	Watch some performances back and use the same WWW, EBI as before. A follow up discussion may include the group drawing on their own experiences on friendship, the role of status and comparing it to George and Lennie's friendship and the difficulties they had to face by being friends.



TERMINOLOGY AROUND DISABILITY

While this story may have been written 80 years ago, there are many themes still very pertinent in 2023. One of these themes is disability. The character of Lennie's disabilities are talked about by the other characters in the play and not always in kind or sympathetic ways. The director, **Iqbal Khan**, has attempted to apply a 2023 lens to the story and to actively engage with some of the more problematic and complex issues arising in the story including through the casting of a Learning Disabled actor in the role of Lennie. You may, therefore, want to use this production as a way into discussing disability on stage or use it as a starting point for thinking about more inclusive theatre practice. As such, it may be useful to understand some of the terminology that is associated with disability.

- The word 'disabled' is a description, not a group of people. Use 'disabled people' not 'the disabled' as the collective term.
- Avoid medical labels. They say little about people as individuals and tend to reinforce stereotypes of disabled people as 'patients' or unwell.
- Avoid phrases like 'suffers from' which suggest discomfort, constant pain and a sense of hopelessness.
- Avoid passive, victim words. Use language that respects disabled people as active individuals with control over their own lives.

Avoid	Use
(the) handicapped, (the) disabled	disabled (people)
afflicted by, suffers from, victim of	has [name of condition or impairment]
mentally handicapped, mentally defective,	with a learning disability (singular) with
retarded, subnormal	learning disabilities (plural)

Use a normal tone of voice, don't patronise or talk down.

- Don't be too precious or too politically correct being super-sensitive to the right and wrong language and depictions will stop you doing anything.
- Never attempt to speak or finish a sentence for the person you are talking to.
- Address disabled people in the same way as you talk to everyone else.
- Speak directly to a disabled person, even if they have an interpreter or companion with them.

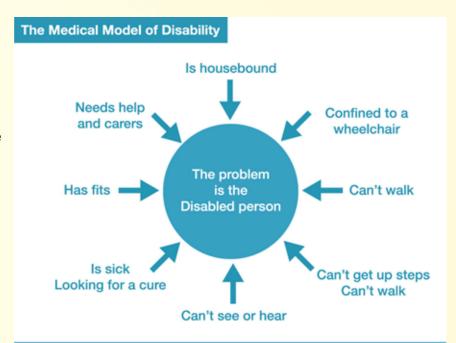
Source:

https://www.gov.uk/government/publications/inclusive-communication/inclusive-language-words-to-use-and-avoid-when-writing-about-disability



THE SOCIAL MODEL VS. THE MEDICAL MODEL OF DISABILITY

For a long time, the **medical model** of disability was the prevalent model for talking about disabled people. This model suggests that people are disabled because of impairments or conditions they have, and suggests that they themselves are the problem. It views the disability of an individual as a medical problem which needs to be prevented, cured or contained.



This is a diagram of the traditional Medical Model of Disability, which the Social Model was developed to challenge.

The Social Model of Disability Badly designed buildings Poor job Stairs not ramps prospects No lifts The problem Isolated Special is the families schools disabling world Few sign language Inaccessible transport interpreters No parking places Discrimination

The Social Model of Disability states that the oppression and exclusion people with impairments face is caused by the way society is run and organised.

The **social model**, by contrast, was developed by disabled people to identify and take action against disabled people's oppression and exclusion. It offers a way of thinking that places society as the problem, rather than disabled individuals.



Disabled people face barriers that stop them from taking part in society in the same way as non-disabled people.

There are physical barriers that disabled people face. These could include things like:

- A sign that someone with a visual impairment can't read.
- An inaccessible building without wheelchair ramps.
- A webpage with flashing animations that could trigger a seizure.

There are also **social barriers** or **attitudinal barriers**, like stereotypical beliefs that non-disabled people have about disabled people. Assuming that a disabled person "can't do" something creates a barrier for that person.

According to the social model of disability, it's these barriers that make a person disabled.

Disability isn't something that exists inside your body or your mind. It's something that is created by an inaccessible society.

"I am not disabled until I try and function in an environment which has been designed and built for, and probably by, people who are not like me" - Michèle Taylor (Director for Change, Ramps on the Moon) on the Social Model of Disability.

Sources:

The Social Model of Disability - Sense
The Social Model of Disability - Inclusion London
Director for Change, Michèle Taylor explains the social model of disability on BBC 5
Live - YouTube



BSL ON STAGE

The first Sign Language interpreted performance was *The Mousetrap* in 1980 on The West End. Since then, BSL on stage has become more and more commonplace. There are many companies in the UK making work that embeds BSL in their productions such as **Fingersmiths**, **Theatre Sign** and **Ramps on the Moon**. So how does BSL in a production lift it and make it more accessible to wider audiences and performers?

"BSL is a powerful, visual language that can express so much more than words. It encompasses expression, movement and visual vernacular which can benefit any performance. The increase in integrated performances not only allows access for D/deaf people at the theatre, but allows hearing audiences to experience theatre in a completely different way." - Louise, BSL/English Interpreter

"If I know a production has had a deaf creative on the team - whether it's an assistant director, BSL consultant or even a deaf actor - then I know it's going to be so much better. The marketing will be more accessible (the name of the interpreter will be included, BSL-accessible flyers and reasonable show times etc). Plus, the interpreters will have had more rehearsal time so they can present better without getting tired. Even the set/lighting design will have been considered to work around placements of the interpreter and, more importantly, making sure you have the right interpreter for the performance. The only way we can do this is through more training (by deaf people) so that they understand the aesthetics of making accessible work using interpreters." - Jonny, Deaf Creative Access Consultant

RAMPS ON THE MOON & THE REP

Ramps on the Moon is a collaborative partnership with several theatres across the UK, along with strategic partner **Graeae Theatre**, which aims to enrich the stories we tell and the way we tell them by normalising the presence of deaf and disabled people both on and off stage.

It started with a production of *Brecht's Threepenny Opera* which featured both non-disabled and disabled company members and toured to several partner theatres, including the Birmingham Rep. Here, it coincided with the venue's Brecht Festival, meaning passionate Brecht fans, who may have had no connection with disability, saw the text with a different nuance and angle, and by all accounts thoroughly enjoyed the production.

From there, the Rep and other participating organisations decided they had to do more work like this and Ramps on the Moon was born.

The Rep has continued to present Ramps on the Moon productions since, including *The Government Inspector, The Who's Tommy, Our Country's Good, Oliver Twist, One Under* and most recently *Much Ado About Nothing*. As part of their mission to break into mainstream theatres, all productions are sold as part of the main programme for The Rep and are not advertised as a show for or containing a disabled cast.



As well as the shows, each organisation has committed to a programme of organisation change including:

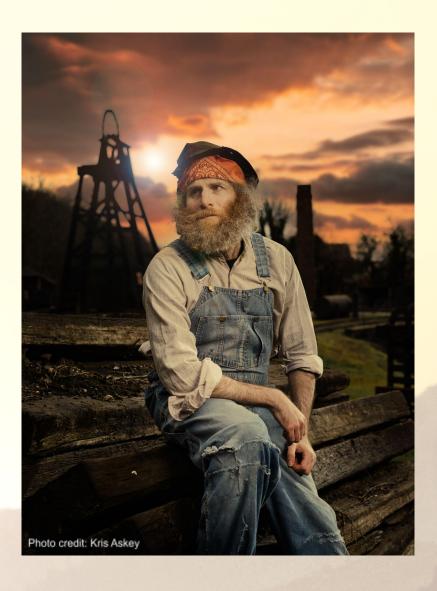
- Embedding Deaf and Disabled people throughout their organisation
- Putting access and inclusion on the agenda of all meetings
- Creating long term employment and training opportunities for Deaf and Disabled people
- Committing core production expenditure to the project, alongside the specific additional project funding
- Acting as a hub within its own region to disseminate experience, information and good practice

Sources:

<u>Home - Ramps (rampsonthemoon.co.uk)</u>

Houston, we have a problem: Ramps on the Moon's mission for representation | Drama And Theatre

Ramps On The Moon | Birmingham Rep (birmingham-rep.co.uk)





DISABILITY ON STAGE TIMELINE

1967	US - National Theatre of the Deaf - 'oldest theatre company in the US' combines ASL with spoken language.
1976	Access All Areas - a collaboration with Central School of Speech and Drama - offering a diploma in Performance Making for learning disabled/autistic adults.
1980s	Saw the disability arts and culture movement - shift to seeing disabled artists onstage, championing access and representation of disabled people in society (not just theatre, but in music, film and TV)
1980s	Graeae Theatre Company founded in East London - massive contribution to disabled theatre, offering work for disabled artists/playwrights/directors, creating world-class theatre
1997	Maria Oshodi and a group of professional visually impaired artists founded the company Extant to redress invisibility of blind and partially sighted artists and explore new creative territories.
2001	Extant produced the first ever use of audio description and simultaneous language translation in a premier UK tour of Croatia's New Life Theatre , in their production <i>Zeros and Nils</i> by D.I Harms .
2005	Blue Apple Theatre - founded in Winchester, UK - actors with intellectual disabilities. Performed in May 2012 - the first re-imagined <i>Hamlet</i> , with Downs Syndrome performers. Continues to make theatre and train actors in their training programme for actors with intellectual disabilities, Blue Core .
2008	Aegis Productions was established by Athena Stevens, an American actor, writer and director, born with athetoid cerebral palsy. After struggling to cope with the lack of accessibility in theatres when trying to rehearse, Athena decided to establish her own production company with its own rehearsal space. Scrounger, which premiered at the Finborough, was based on Stevens' own experiences of being a wheelchair user.
2015	Ramps on The Moon initiative started, pairing with New Wolsey Theatre, Birmingham Rep, Nottingham Playhouse, Theatre Royal Stratford East, Sheffield Theatres and Leeds Playhouse - embedding disabled performers and access within the arts as part of their usual programming.
2023	Birmingham Rep stages <i>Of Mice and Men</i> with the character Lennie being played by a learning disabled actor for the first time.



PLAY EXTRACTS

Extract 1

This extract looks at the relationship between George & Lennie at the start of the play.

4 ACT ONE

Lennie (looks startled, then in embarrassment hides his face

against his knees) I forgot again.

George Jesus Christ! (Resignedly.) Well, look, we are

gonna work on a ranch like the one we come

from up north.

LENNIE Up north?

George In Weed!

LENNIE Oh, sure I remember-in Weed.

George (still with exaggerated patience) That ranch

we're goin' to is right down there about a quarter mile. We're gonna go in and see the

boss.

LENNIE (repeats, as a lesson) And see the boss!

George Now, look! I'll give him the work tickets, but

you ain't gonna say a word. You're just gonna stand there and not say nothing.

LENNIE Not say nothing!

George If he finds out what a crazy bastard you are,

we won't get no job. But if he sees you work before he hears you talk, we're set. You got

that?

LENNIE Sure, George . . . sure. I got that.

George Okay. Now when we go in to see the boss,

what you gonna do?

LENNIE (concentrating) I ... I ain't gonna say

nothing ... jus' gonna stand there.

George (greatly relieved) Good boy, that's swell! Now

say that over two or three times so you sure

won't forget it.

Lennie (drones softly under his breath) I ain't gonna say

nothing . . . I ain't gonna say nothing. (Trails

off into a whisper.)

George And you ain't gonna do no bad things like

you done in Weed neither.



LENNIE (puzzled) Like I done in Weed?

George So you forgot that too, did you?

LENNIE (triumphantly) They run us out of Weed!

George (disgusted) Run us out, hell! We run! They

was lookin' for us, but they didn't catch us.

LENNIE (happily) I didn't forget that, you bet.

(GEORGE lies back on sand, crosses hands under his head. Again LENNIE imitates him.)

George God, you're a lot of trouble! I could get along so easy and nice, if I didn't have you on my tail. I could live so easy!

Lennie (hopefully) We gonna work on a ranch, George.

GEORGE All right, you got that. But we're gonna sleep here tonight, because . . . I want to sleep out.

(The light is going fast, dropping into evening. A little wind whirls into the clearing and blows leaves. Dog howls in the distance.)

Lennie Why ain't we goin' on to the ranch to get some supper? They got supper at the ranch.

No reason at all. I just like it here. Tomorrow we'll be goin' to work. I seen thrashing machines on the way down; that means we'll be buckin' grain bags. Bustin' a gut liftin' up them bags. Tonight I'm gonna lay right here an' look up! Tonight there ain't a grain bag or a boss in the world. Tonight, the drinks is on the ... house. Nice house we got here, Lennie.

LENNIE (gets up on his knees, looks down at GEORGE, plaintively) Ain't we gonna have no supper?

Sure we are. You gather up some dead willow sticks. I got three cans of beans in my bindle. I'll open 'em up while you get a fire ready. We'll eat 'em cold.

GEORGE

GEORGE



6

ACT ONE

LENNIE

(companionably) I like beans with ketchup.

GEORGE

Well, we ain't got no ketchup. You go get wood, and don't you fool around none. Be dark before long.

(LENNIE lumbers to his feet and disappears into brush. George gets out bean cans, opens two, suddenly turns his head and listens. A little sound of splashing comes from direction that Lennie has taken. George looks after him, shakes head.

Lennie comes back carrying a few small willow sticks.)

GEORGE

All right, give me that mouse.

LENNIE

(with elaborate pantomime of innocence) What,

George? I ain't got no mouse.

GEORGE

(holding out his hand) Come on! Give it to me! You ain't puttin' nothing over. (Lennie hesitates, backs away, turns and looks as if he were going to run. Coldly.) You gonna give me that mouse or do I have to take a sock at you?

LENNIE

Give you what, George?

GEORGE

You know goddam well what! I want that

mouse!

LENNIE

(almost in tears) I don't know why I can't keep it. It ain't nobody's mouse. I didn't steal it! I found it layin' right beside the road. (George snaps fingers sharply, and Lennie lays mouse in his hand.) I wasn't doin' nothing bad with it. Just stroking it. That ain't bad.

GEORGE

(stands up and throws mouse as far as he can into the brush, then steps to pool, washes his hands)
You crazy fool! Thought you could get away with it, didn't you? Don't you think I could see your feet was wet where you went in the water to get it? (Lennie whimpers like a puppy.)
Blubbering like a baby. Jesus Christ, a big guy like you! (Lennie tries to control himself, but his lips quiver and his face works with an effort.



George puts hand on Lennie's shoulder for a moment.) Aw, Lennie, I ain't takin' it away just for meanness. That mouse ain't fresh. Besides, you broke it pettin' it. You get a mouse that's fresh and I'll let you keep it a little while.

LENNIE

I don't know where there is no other mouse. I remember a lady used to give 'em to me. Ever' one she got she used to give it to me, but that lady ain't here no more.

GEORGE

Lady, huh! ... Give me them sticks there ... Don't even remember who that lady was. That was your own Aunt Clara. She stopped givin' 'em to you. You always killed 'em.

LENNIE

(sadly, apologetically) They was so little. I'd pet 'em and pretty soon they bit my fingers and then I pinched their head a little bit and then they was dead because they was so little. I wish we'd get the rabbits pretty soon, George. They ain't so little.

GEORGE

The hell with the rabbits! Come on, let's eat!

(The light has continued to go out of the scene so that when George lights the fire, it is the major light. George hands an open can to Lennie.)

There's enough beans for four men.

LENNIE

(sitting on other side of fire, speaks patiently) I like 'em with ketchup.

GEORGE

(explodes) Well, we ain't got any. Whatever we ain't got, that's what you want. God Almighty, If I was alone, I could live so easy. I could go get a job of work and no trouble. No mess . . . and when the end of the month come, I could take my fifty bucks and go into town and get whatever I want. Why, I could stay in a cat-house all night. I could eat any place I want. Order any damn thing.

Rep

Extract 2

This scene is the dramatic climax of the play with George & Lennie alone on stage.

86	ACT THREE
LENNIE	Whyn't we go with 'em? I like huntin'. (Waits for answer. George stares across river.) Is it 'cause I done a bad thing?
George	It don't make no difference.
LENNIE	Is that why we can't go huntin' with them guys?
George	(woodenly) It don't make no difference. Sit down, Lennie. Right there. (Light is going now. In distance are shouts of men. George turns head and listens.)
LENNIE	George!
George	Yeah?
LENNIE	Ain't you gonna give me hell?
GEORGE	Give ya hell?
LENNIE	Sure Like you always done before. Like- "If I didn' have you I'd take my fifty bucks "
George	(softly as if in wonder) Jesus Christ, Lennie, you can't remember nothing that happens. But you remember every word I say!
LENNIE	Well, ain't you gonna say it?
George	(reciting) "If I was alone I-could live-so easy. (His voice is monotonous.) I could get a job and not have no mess."
LENNIE	Go on, go on! "And when the end of the month come "
George	"And when the end of the month come, I could take my fifty bucks and go to-a cathouse "
LENNIE	(eagerly) Go on, George, ain't you gonna give me no more hell?



GEORGE

No!

LENNIE I can go away. I'll go right off in the hills and

find a cave if you don't want me.

GEORGE (speaks as though his lips were stiff) No, I want

you to stay here with me.

LENNIE (craftily) Then tell me like you done before.

George Tell you what?

LENNIE 'Bout the other guys and about us!

George (recites again) "Guys like us got no families.

They got a little stake and then they blow it in. They ain't got nobody in the world that

gives a hoot in hell about 'em!"

LENNIE (happily) "But not us" . . . Tell about us now.

GEORGE "But not us."

LENNIE "Because ..."

George "Because I got you and ..."

LENNIE (triumphantly) "And I got you. We got each

other," that's what, that gives a hoot in hell about us. (A breeze blows up the leaves, then they settle back again. Shouts of men again. This time

closer.)

George (takes off hat, shakily) Take off your hat, Len-

nie. The air feels fine!

LENNIE (removes hat, lays it on ground in front of him)

Tell how it's gonna be. (Again the sound of

men. George listens.)

George Look acrost the river, Lennie, and I'll tell you

like you can almost see it. (LENNIE turns head, looks across river.) "We gonna get a little place ..." (Reaches in side pocket, brings out CARLSON'S revolver. Hand and gun lie on ground behind LENNIE'S back. He stares at back of LENNIE'S head at the place where spine and skull are joined. Sounds of men's voices talking offstage.)

Rep

88 ACT THREE

LENNIE Go on! (GEORGE raises gun, but his hand shakes

and he drops his hand on to the ground.) Go on! How's it gonna be? "We gonna get a little

place ...'

GEORGE (thickly) "We'll have a cow. And we'll have

maybe a pig and chickens-and down the flat

we'll have a ... little piece of alfalfa."

LENNIE (shouting) "For the rabbits!"

GEORGE "For the rabbits!"

LENNIE "And I get to tend the rabbits?"

GEORGE "And you get to tend the rabbits!"

LENNIE (giggling with happiness) "And live on the fat o'

the land!"

GEORGE Yes. (LENNIE turns his head, quickly.) Look over

there, Lennie. Like you can really see it.

LENNIE Where?

George Right acrost that river there. Can't you

almost see it?

LENNIE (moving) Where, George?

George It's over there. You keep lookin', Lennie. Just

keep lookin'.

LENNIE I'm lookin', George, I'm lookin'.

GEORGE That's right. It's gonna be nice there. Ain't

gonna be no trouble, no fights. Nobody ever gonna hurt nobody, or steal from 'em. It's

gonna be-nice.

LENNIE I can see it George. I can see it! Right over

there! I can see it! (George fires. Lennie crumples, falls behind the brush. Voices of men in

distance.)

Curtain



Extract 3

This final extract explores the themes of prejudice and discrimination in the play.

40	ACT TWO
CARLSON	Yeah. He don't give nobody else a chance to win. (Stops and sniffs the air. Looks around until he sees CANDY's dog.) God Almighty, that dog stinks. Get him outa here, Candy. I don't know nothing that stinks as bad as ole dogs. You got to get him outa here.
CANDY	(lying on his bunk, reaches over, pats dog, speaks softly) I been round him so much I never notice how he stinks.
CARLSON	Well, I can't stand him in here. That stink hangs round even after he's gone. (Walks over, stands looking down at dog.) Got no teeth. All stiff with rheumatism. He ain't no good to you, Candy. Why don't you shoot him?
Candy	(uncomfortably) Well, hell, I had him so long. Had him since he was a pup. I herded sheep with him. (Proudly.) You wouldn't think it to look at him now. He was the best damn sheep dog I ever seen.
George	I knowed a guy in Weed that had an airedale that could herd sheep. Learned it from the other dogs.
Carlson	(sticking to his point) Lookit, Candy. This ole dog jus' suffers itself all the time. If you was to take him out and shoot him-right in back of the head (Leans over and points.) right there, why he never'd know what hit him.
CANDY	(unhappily) No, I couldn't do that. I had him too long.
Carlson	(insisting) He don't have no fun no more. He stinks like hell. Tell you what I'll do. I'll shoot him for you. Then it won't be you that done it.
CANDY	(sits up on bunk, rubbing whiskers nervously, speaks plaintively) I had him from a pup.



WHIT Let 'im alone, Carl. It ain't a guy's dog that

matters. It's the way the guy feels about the dog. Hell, I had a mutt once I wouldn't a

traded for a field trial pointer.

CARLSON (being persuasive) Well, Candy ain't being nice

to him, keeping him alive. Lookit, Slim's bitch got a litter right now. I bet you Slim would give ya one of them pups to raise up,

wouldn't ya, Slim?

SLIM (studying dog) Yeah. You can have a pup if

you want to.

CANDY (helplessly) Mebbe it would hurt. (After a

moment's pause, positively.) And I don't mind

taking care of him.

CARLSON Aw, he'd be better off dead. The way I'd

shoot him he wouldn't feel nothin'. I'd put the gun right there. (Points with his toe.) Right

back of the head.

SLIM Aw, let 'im alone, Carl.

CARLSON Why, hell, he wouldn't even quiver.

WHIT Let 'im alone. (Produces magazine.) Say, did

you see this? Did you see this in the book

here?

CARLSON See what?

SLIM Right there. Read that.

CARLSON I don't want to read nothing . . . It'd be all

over in a minute, Candy. Come on.

WHIT Did you see it, Slim? Go on, read it. Read it

out loud.

SLIM What is it?

WHIT Read it.



42

ACT TWO

SLIM (reads slowly) "Dear Editor: I read your mag

for six years and I think it is the best on the market. I like stories by Peter Rand. I think he is a whing-ding. Give us more like the Dark Rider. I don't write many letters. Just thought I would tell you I think your mag is the best dime's worth I ever spen'." (Looks up questioningly.) What you want me to read that

WHIT Go on, read the name at the bottom.

SLIM (reading) "Yours for Success, William

Tenner." (Looks up at WHIT.) What ya want

me to read that for?

CARLSON Come on, Candy-what you say?

WHIT (taking magazine, closing it impressively and

talking to cover Carlson) You don't remember

Bill Tenner? Worked here about three

months ago?

SLIM (thinking) Little guy? Drove a cultivator?

WHIT That's him. That's the guy.

CARLSON (has refused to be drawn into conversation) Look,

Candy. If you want me to, I'll put the old devil outa his misery right now and get it over with. There ain't nothin' left for him. Can't eat, can't see, can't hardly walk.

Tomorrow you can pick one of Slim's pups.

SLIM Sure . . . I got a lot of 'em.

CANDY (hopefully) You ain't got no gun.

CARLSON The hell I ain't. Got a Luger. It won't hurt

him none at all.

CANDY Mebbe tomorrow. Let's wait till tomorrow.

CARLSON I don't see no reason for it. (Goes to his bunk,

pulls bag from underneath, takes revolver out.) Let's get it over with. We can't sleep with him stinking around in here. (Snaps shell into chamber, sets safety, puts revolver into hip pocket.)



SLIM (as CANDY looks toward him for help) Better let

him go, Candy.

(CANDY looks at each person for some hope. WHIT makes gesture of protest, then resigns himself. Others look away, to avoid responsibility.)

CANDY (at last, very softly and hopelessly) All right. Take

him. (He doesn't look down at dog at all. Lies back on his bunk, crosses his arms behind his head, stares at ceiling. CARLSON picks up string, helps

dog to its feet.)

CARLSON Come, boy. Come on, boy. (To CANDY,

apologetically.) He won't even feel it. (CANDY does not move nor answer.) Come on, boy. That's the stuff. Come on. (Leads dog toward

door.)

SLIM Carlson?

Carlson Yeah.

SLIM (curtly) Take a shovel.

Carlson Oh, sure, I get you.

(Exit Carlson with dog. George follows to door, shuts it carefully, sets latch. Candy lies rigidly on his bunk. Next scene is one of silence and quick

staccato speeches.)

SLIM (loudly) One of my lead mules got a bad hoof.

Got to get some tar on it. (A silence.)

George (loudly) Anybody like to play a little euchre?

WHIT I'll lay out a few with you. (They take places opposite each other at table but George does not

shuffle cards. Ripples edge of deck. Everybody looks

over at him. He stops. Silence again.)

SLIM (compassionately) Candy, you can have any of

them pups you want. (No answer from CANDY.

There is a little gnawing noise on stage.)

GEORGE Sounds like there was a rat under there. We

ought to set a trap there. (Deep silence again.)

PSHE LEARNING OUTCOMES

The lesson plans in this pack link to the following PSHE learning outcomes:

KS3

Health and Wellbeing

- **H4** Simple strategies to help build resilience to negative opinions, judgements and comments
- **H6** How to identify and articulate a range of emotions accurately and sensitively, using appropriate vocabulary
- **H8** The link between language and mental health stigma, and to develop strategies to challenge stigma, myths and misconceptions associated with help-seeking and mental health concerns
- **H9 -** Strategies to understand and build resilience, as well as how to respond to disappointments and setbacks

Relationships

- **R1** About different types of relationships, including those within families, friendships, romantic or intimate relationships and the factors that can affect them
- **R3** About the similarities, differences and diversity among people of different race, culture, ability, sex, gender identity, age and sexual orientation
- R9 To clarify and develop personal values in friendships, love and sexual relationships
- **R10** The importance of trust in relationships and the behaviours that can undermine or build trust
- **R11** To evaluate expectations about gender roles, behaviour and intimacy within romantic relationships
- R13 How to safely and responsibility form, maintain and manage positive relationships, including online
- R16 To further develop the skills of active listening, clear communication, negotiation and compromise
- R18 To manage the strong feelings that relationships can cause (including sexual attraction)
- R19 To develop conflict management skills and strategies to reconcile after disagreements
- **R22** The effects of change, including loss, separation, divorce and bereavement; strategies for managing these and accessing support
- **R37** The characteristics of abusive behaviours, such as grooming, sexual harassment, sexual and emotional abuse, violence and exploitation; to recognise warning signs, including online; how to report abusive behaviours or access support for themselves or others
- **R38 -** To recognise bullying, and its impact, in all its forms; the skills and strategies to manage being targeted or witnessing others being bullied



- **R39** The impact of stereotyping, prejudice and discrimination on individuals and relationships
- **R40 -** About the unacceptability of prejudice-based language and behaviour, offline and online, including sexism, homophobia, biphobia, transphobia, racism, ableism and faith-based prejudice
- **R41** The need to promote inclusion and challenge discrimination, and how to do so safely, including online
- **R43** The role peers can play in supporting one another to resist pressure and influence, challenge harmful social norms and access appropriate support
- **R47** Motivations, misconceptions and consequences of carrying weapons and strategies for managing pressure to carry a weapon

KS4

Health and Wellbeing

- **H2 -** How self-confidence, self-esteem, and mental health are affected positively and negatively by internal and external influences, and ways of managing this
- **H4** Strategies to develop assertiveness and build resilience to peer and other influences that affect both how they think about themselves and their health and wellbeing
- **H5** The characteristics of mental and emotional health; to develop empathy and understanding about how daily actions can affect people's mental health

Relationships

- **R1 -** The characteristics and benefits of strong, positive relationships, including mutual support, trust, respect and equality
- **R3** To respond appropriately to indicators of unhealthy relationships, including seeking help where necessary
- **R9 -** To recognise, clarify and if necessary challenge their own values and understand how their values influence their decisions, goals and behaviours
- **R10** To understand a variety of faith and cultural practices and beliefs concerning relationships and sexual activity; to respect the role these might play in relationship values
- **R11** Strategies to manage the strong emotions associated with the different stages of relationships
- **R12** To safely and responsibly manage changes in personal relationships including the ending of relationships
- **R13** Ways to manage grief about changing relationships including the impact of separation, divorce and bereavement; sources of support and how to access them
- **R28** To recognise when others are using manipulation, persuasion or coercion and how to respond
- **R31 -** The skills and strategies to respond to exploitation, bullying, harassment and control in relationships



R34 - Strategies to challenge all forms of prejudice and discrimination



