

ADDITIONAL INFORMATION

HOW DO I JOIN HEYDAYS FOR THIS TERM?

You can sign up and renew your membership with our Box Office team, either in person or by calling 0113 213 7700.

HOW DO I BOOK ONTO ACTIVITIES?

You can now book the sessions of your choice at Box Office. Have a look through this brochure to make your selections, then let the Box Office team know your first and second choices for the morning and afternoon. If the session is full, you will be placed on a waiting list.

HOW MUCH DOES HEYDAYS COST?

The full spring term of activities costs £80. This includes your weekly sessions and additional member-only events.

The cost can be paid in full or in 4 monthly installments of £20.

We are committed to ensuring everyone can attend Heydays so a limited number of bursaries are available. Please ask for further details.

NEW TO HEYDAYS?

If you are over 55 and interested in joining our creative programme, you are welcome to come along for a free taster day. Please arrive at Level 2 from 10am and speak to a member of our friendly team.



Photography by Beata Pejka

HOW TO FIND US

Leeds Playhouse
Playhouse Square,
Quarry Hill
Leeds, LS2 7UP

BOX OFFICE
Tuesday – Friday
12PM – 4PM
0113 213 7700
leedsplayhouse.org.uk

EMAIL
connect@leedsplayhouse.org.uk

SUPPORTED BY:



HEYDAYS SPRING 2025

**LEEDS
PLAY
HOUSE**

WEDNESDAY 15 JANUARY – WEDNESDAY 2 APRIL 2025
10.30AM – 2.30PM (NO SESSIONS 19 OR 26 FEBRUARY)



Photography by Mike Pinches

WELCOME BACK!

We are really excited to bring you our programme for the spring term. Look out for new artists and sessions alongside some of your firm favourites!

MORNING

10.30AM – 12PM

PLAY READING

Run by members

LEVEL 3 | WESTON ROOM

Join in with reading or just listening to a selection of scripts. Whether we are reading stories of justice or war, love or jealousy, greed or power, pathos or comedy, each session is light-hearted and enjoyable. Come and join our theatrical family!

DANCE

with Rachel Clarke

LEVEL 3 | CITY ROOM

Move, connect and have fun with Rachel, a Leeds/Bradford based dance artist with over 10 years' experience in the industry. Expect dance routines to a wide genre of music styles, travelling skills, improvisation, group/partner work and a lot of laughter!

NATURE CRAFTS

with Catherine White

LEVEL 2 | PLAYHOUSE BAR AREA

Embrace the therapeutic power of flowers in these feel-good floral and horticultural workshops. Nature-based activities have proven benefits on our wellbeing, so let's bring the outside in and watch your creativity grow!

*16 participants maximum



POP-IN PROGRAMME

LEVEL 2 | BALCONY

Come along to our rolling programme of activity from talks to taster sessions.

Sessions will vary weekly so make sure you look out for details in your weekly Heydays email and on the noticeboard.

This is a great chance to meet and chat with other members while dropping in for informal activities.

SONGWRITING WORKSHOPS

11AM – 12PM

with Leeds Conservatoire Students

LEVEL 2 | BROOKE ROOM

Join us in a weekly songwriting workshop, enjoy learning lyrical and musical skills through interactive songwriting activities and share your music in the end of term showcase. No musical experience is required, everyone's welcome!

*12 participants maximum

LUNCH

12PM – 1PM

Visit the Playhouse Kitchen, our Front Room Café or bring your own packed lunch.

Look out for a carousel of member-led activities that run over lunchtime to suit all interests ranging from playing the ukulele, discussing the latest must-read books, or knitting and crocheting.

AFTERNOON

1PM – 2.30PM

SINGING

with Suzi Saperia

LEVEL 3 | WESTON ROOM

Join our joyous singing community! Singing has been proven to have many health benefits, improving posture, breathing and muscle tension along with reducing stress, anxiety and depression. No previous singing experience or musical knowledge is necessary. Come along and give it a go!

DRAMA

with Dr Bridie Moore

LEVEL 3 | CITY ROOM

Enjoy developing your drama skills, pushing boundaries and having fun in these stimulating workshops with professional theatre maker, Bridie, whose academic research centres around performance and perceptions of ageing. Beginners welcome!

GLASS PAINTING

with Maddison Norton

LEVEL 2 | PLAYHOUSE BAR AREA

Explore the joy of colour and light in these glass painting workshops. We'll be painting everything from glass bottles to tealight holders, whatever we can get our crafty hands on!

CREATIVE WRITING

with Chris O' Connor

LEVEL 2 | BROOKE ROOM

Join playwright Chris O'Connor – writer of the upcoming Leeds Playhouse production *Through It All Together* – to explore the craft of storytelling. Discover the building blocks of great writing, create your own pieces, and develop your unique voice in a supportive environment. Perfect for writers of all levels looking to hone their skills and bring their own stories to life.